

Disclaimer

At C.A.R.E. Alternatives Center:

We are not doctors.

We do not practice medicine.

We do not diagnose or treat for specific illness.

We do not prescribe or adjust medicines.

You as our client are advised to consult your health care professional before changing anything to your current routine (including diet, exercise, etc.)

Any suggestions are not intended as medical advice, they are solely for your information and educational purposes; these should be shared with your health care provider before making any changes to your routine.

C.A.R.E. Alternatives Center is not responsible for any adverse affects or consequences resulting from the use of any of the suggestions, preparations or methods you choose to use.

I _____ take responsibility for my own health care and know that I have been advised to talk to my primary health care provider before making any changes to my routine.

Print name: _____

Sign name: _____

Date: _____